



Tottenham's Tasty Magic Mile

During the past few years, Tottenham has become one of the most interesting places in the capital to sample world cuisine.

On virtually every street of a Tottenham square mile, you'll find another highly regarded restaurant, quirky café, arty eatery or stall selling delicious treats - leaving hungry punters spoilt for choice.

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"This is our favourite place in London and Tottenham has really blossomed over the past few years," says Geanina Ursache of Prestige Patisserie. "Around every corner there seems to be another great food and drink place opening and we wouldn't want to be anywhere else."

Geanina runs the artisan patisserie with her husband, George. A year ago they moved into the new-look Holcombe Market in Tottenham High Road, which also houses Hall's Greengrocers, Thompson's Seafood and the Reggae Village Coffee and juice bar. Every Sunday, Prestige also attends the popular Tottenham Green Market, just

off the High Road, trading alongside some of the best independent food and drink retailers in the area.

"The market has been steadily growing and the stall-holders are now selling out," said Marika Gauci who runs the market. "We keep getting people going, 'This is amazing. We didn't know this was here. We're definitely coming back."

Just down the High Road from Holcombe Market, Blighty India Café recently celebrated its first birthday. The colourful brainchild of local lad Christopher Evans hosts a hub of work spaces upstairs alongside yoga and art classes, while downstairs diners eat a variety of commonwealth-inspired food.

"So there's the full English breakfast called The Winston, a Bengali Breakfast Bombay Hash or The Full Aussie starring avocados," laughs Christopher. "Tottenham has such great potential as a place to eat and drink and it now feels as though we're on the cusp of something."

Still want more? Head for Seven Sisters station and West Green Road to discover one of the most culturally diverse of gastronomic adventures including: Okapi (African cuisine), Mi Gusto (Spanish organic coffee shop), Kata! (Japanese food), Caribbean Spice, Tottenham Town Bakery, The Banc (modern Turkish), and the highly regarded Passione e Tradizione (Italian restaurant).

"Our chef used to work for Gordon Ramsey and people have thanked us for bringing something like this to Tottenham," said Cem Kaplan, owner of Café Lemon Bistro which opened in West Green Road just five months ago. "It really does feel like an exciting time to be here."